

TouristCare Health Plan

With the TouristCare Health Plan, you can enjoy your stay at ease, with the comfort of all the support you need if you have an unforeseen problem with your health! We are where you need us whether you are working or on holiday!

SERVICES INCLUDED

> Permanent Attendance Video Consultation and Scheduled Video Consultation (by appointment)
Have a video consultation with a doctor from anywhere. This way, you don't have to put your health on hold, and you can do it safely from your hotel or wherever you are, without needing to travel.

> Permanent Appointment Service in Private Hospitals

Your Health Plan guarantees Emergency Appointments from 50€ at the best private medical units. Just download the app (available soon), indicate where you are and you will be informed of the nearest Permanent Client Service.

> Call the Doctor from wherever you are, 24h/day

- You can request this service whenever and wherever you need it, 24h a day;
- Transport by Ambulance to the Public Hospital Free of Charge in cases of Emergency, if validated by the doctor after the Home Medical Visit.

> Appointment, Tests, Treatments, Surgeries and Hospital Admissions

If you need to make an appointment, have a test, undergo surgery or be admitted to hospital while you are in Portugal, you can enjoy reduced prices at the Clinics and Hospitals of our Medical Network.

> Dental Treatment

Allows you to profit from 30 free treatments in the Dental Network and pay preferred prices for the remaining treatments.

> Helpline

The TOURISTCARE Health Plan allows you to make a booking for all of your appointments, Tests, Treatments, Surgeries and Hospital Admissions through the Helpline Service at +351 210 402 426. We have a team which is always ready to help.

ADVANTAGES



✓ For all ages

✓ Unlimited use

✓ No exclusions due to pre-existing diseases



EXAMPLE OF MEDICAL TREATMENTS AT REFERENCE PRICES

APPOINTMENT Permanent Attendance Video Consultation Scheduled Video Consultation (according to selected Phone the Doctor (it depends on the location) Specialist Appointment Pediatric Appointment	45,00 € specialty) 30,00 € - 40,00 € 70,00 € - 130,00 € *42,00 € *up to 42,00 €	Breast Ultrasound Renal Ultrasound Soft Tissue Ultrasound	30,00 € 30,00 € 35,00 €
Emergency Appointment Speech Therapy	**50,00 € **50,00 € 20,00 €	Mammography - 4 views, 2 on each side Chest X-ray - Lungs and Heart 1 view	40,00 € 10,50 €
DIAGNOSTIC TESTS Electrocardiogram Echocardiogram Audiogram	10,00 € 60,00 € 22,00 €	Knee X-ray - 2 views Colour Echo-Doppler "Triplex Scan" CT scan – Computerized Axial Tomography MRI Scan (Magnetic Ressonance)	10,00 € 100,00 € 95,00 € 200,00 €
Timpanogram Upper Endoscopy Total Colonoscopy	22,00 € 22,00 € 60,00 € 110,00 €	DENTAL TREATMENT Dental Appointment	free of charge free of charge theck Up free of charge
Colposcopy Spirometry Obstetric Ultrasound Gynacological Ultrasound	40,00 € 20,00 € 32,00 € 30,00 €	Emergency Appointment Appointment for Reassessment and/or Check Up	

^{*}The first appointment at the CUF Hospitals has an extra charge of 5€.

The Medical Network of Future-Healthcare has the most prestigious Private Doctors in Mainland Portugal and the Islands. Find more: www.tourist-care.com.

HOW IT IS USED

> Permanent Attendance Video Consultation and Scheduled Video Consultation (by appointment)

- · You can book your Permanent Attendance Video Consultation 24 hours a day, 7 days a week, without needing to leave your location. All you need is a PC, tablet or mobile phone with internet access.
- · Book your Scheduled Video Consultation on week days from 8 a.m. to 10 p.m. with the doctor and speciality of your choice at a time that suits you best, all from the comfort of your hotel.

Phone +351 210 402 426

> Emergencies and Medical Assistance at Home

- To request a home visit by a doctor (70€ 130€, it depends on the location);
- · To request the sending of medicines to your home;

Phone +351 210 402 426 (24 hours a day, 7 days a week)

> Procedure for the Permanent Appointment Service

- · Identify yourself to the Service Provider with your TouristCare Card;
- · After the Consultation, you should pay for the Medical Treatment in accordance with the TouristCare prices;

> Making an Appointment for a Consultation or Medical Test

- · Consult the Clinical Directory, the speciality and the service provider you require (by geographical area and speciality);
- Phone the Appointment Center at +351 210 402 426 (working days from 9:00 am to 7:00 pm Portuguese time);
- In 24 hours you will receive the details of your appointment (date, time and amount to be paid) by text message or telephone

VIRTUAL HEALTH CARD

Always available, without forgetting and without taking up space in the wallet.

Find more: https://tourist-care.com/en/touristcare-en/touristcare/virtual-health-card.html

PRICES

	Number of Persons	1	2	3	4 ou +
_	Fix Cost until 30 days/by persor	20 €	18€	16 €	14€



HOW TO JOIN

- · Internet: www.tourist-care.com
- ORcode:



This Product is a Medical Services Plan, not an Insurance. This information does not exempt you from consulting the legally required pre-contractual and contractual information.



+351 210 402 426

www.tourist-care.com

Email: info@touristcare.pt

^{**} Reference Price for screening at emergency appointments. Other medical treatments will be charged individually. At the CUF Hospitals and Lusiadas Medical Units different tariffs are applied.

Important: To consult the price of medical treatments contact the Client Helpline at 210402426 or phone the Service Provider directly.